



**A classic end of season race  
for the hard men of Scottish Cycling!!**

# **Lammermuirs Road Race (ESCA RR Champs)**

**60 miles road race for cat 2/3/4/V/W/J**

Prizes for overall 1st to 5th places,  
and for each category and juniors (one winner one prize).

EVENT DATE:

**17 Sep 2011  
11 am**

EVENT LOCATION:

**Gifford**

CLOSING DATE:

**10 Sep 2011**

Supported by



<http://www.edinburghhrc.co.uk>





Edinburgh Road Club  
www.edinburghrc.co.uk

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# Lammermuirs Road Race (incorporating ESCA RR Champs)

The event is a 60 mile road race for categories 2/3/4/V/W/J with a prizes for overall 1st to 5th places and for category and juniors (one winner one prize).

The Course consists of 4 laps of the Super 6 Gifford circuit, **(loop A)**, (shown), followed by a longer loop climbing over Redstone Rigg to Longformacus, Ellemford, Cranshaws, to finish on second ascent of Redstone Rigg, **(Loop B)**, so make sure your gears work ok on the big sprocket! giving a total race distance of 60 miles.

The Longformacus/Ellemford/Cranshaws loop is on very rolling back road, with sheep and cattle grid hazards. Be aware at all times as this course includes some demanding climbs and descents. Obey the marshals' instructions.

The strip and race HQ is at the Village Hall, EH41 4QH (as used for March Super 6 event). Sign-on is from 9.30, race start 11:00 am.

Easy up changing facilities will be in the Village Hall or simply get changed in your car - after all, this is a hard man's race.

All riders will get soup and rolls after the race available in the Village Hall

Enquiries regarding this event should be made to the Event Organiser [sandramurdoch@yahoo.com](mailto:sandramurdoch@yahoo.com)

Entries can be made via EntryCentral or via the organiser.\*

\*For card payments, the organiser pays EntryCentral a charge for each entry of 5% (subject to a £1.00 minimum), you pay no surcharge. For cheque payments, the organisers pays a charge of £0.50 for each cheque received.

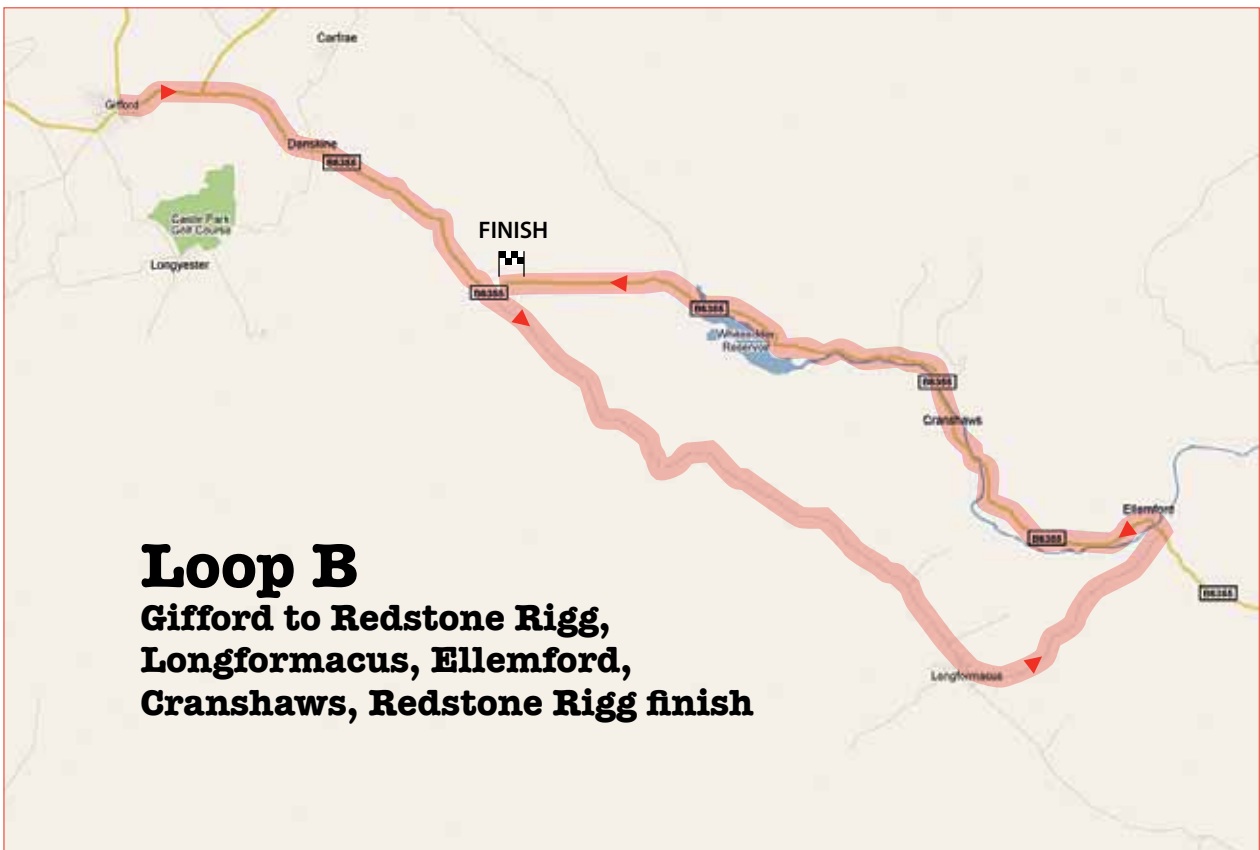
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## Prize Money

First overall £60  
Second overall £35  
Third overall £30  
Fourth overall £25  
Fifth overall £20

· First cat 2 £20  
· First cat 3 £20  
· First cat 4 £20  
· First Veteran £20  
· First Women £20  
· First Junior £25

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## Event details:

Event Address	Gifford Village Hall, Gifford, EH41 4QH Adjacent to the Goblin Ha' Hotel
Event Date	17 Sept 2011, 11am
Event Status	Open
Closing Date	10 Sept 2011
Total Places	60
Governing Body	Scottish Cycling
Event Website	<a href="http://www.edinburghrc.co.uk">http://www.edinburghrc.co.uk</a>
Organiser	Sandra Murdoch
Email	<a href="mailto:sandramurdoch@yahoo.com">sandramurdoch@yahoo.com</a>
Phone	07821 722 519
Entry Fee	£12.00

## Race officials:

Chief Commissaire	Neil Muir
Commissarie	Ken Whitson
Chief Judge	Andrew Sinclair
Photo Finish Judge	Graham Jones
Gear Checker	Ken Whitson
Safety Officer	Oisín Murphy-Lawless
Race Organiser	Sandra Murdoch



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## Notes for Competitors:

Competitors must sign-on 20 minutes prior to the commencement of the event in the Village Hall. Riders who have not completed sign-on will be withdrawn and reserve riders will be included in the field. This will be strictly enforced.

Please remember to bring your 2011 race licence with you. Failure to present a valid race licence will result in a Single Event Licence being required.

Junior gears will be checked by Ken Whitson. All Juniors must have their gears checked before and after the event.

Race numbers must be properly affixed, see diagram below, do not fold numbers. Body numbers must be visible at all times. Frame numbers must be located within the front triangle on the frame or behind the seat-post.

The race will be neutralised for a short period from Gifford. Race briefing will be held inside the Village Square 10 minutes before the start of the event, attendance is compulsory. Assembly point for start is in front of the Village Hall. See table below for Road Race Flag definitions.

Neutral service will be provided. Service is on the left hand side of the road and riders must stop. A rider should place a hand in the air when safe if service is required. No wheels, no service. Odd numbers front/ Even numbers rear. Name on wheel please.

Riders who retire must report to the Chief Judge or Photo Finish operator to report a non-finish.

Please be aware of other competitors, officials and public using the circuit.

Parking is alongside the Avenue as indicated on the town centre map. Strictly no parking in front of the Village Hall and Main Street.

Due to the size of the field and limited toilets will be available on the park behind the village green, the Goblin Ha' Hotel toilets are available for competitors and officials from 11 onwards. Entry is via the side entrance next to the Village Hall.

Soup, rolls and cakes will be provided for all riders and volunteers. This will be located in the easy up after the race.

Presentations for the race will be made in the Village Hall. Entrance is from the main street.

**Enjoy your race.**

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## Starting Flags:

Start of Race = National Flag  
Neutralised Zone = Red & White Chequered

### Finish Flags/Signs

200m to finish = Yellow  
Finish Line = Black & White Chequered

### Warning Flags

Hazard Flag = Red  
Race Stopped = Black

## Volunteers

Don't forget to thank the volunteers when you see them. No Volunteers, no race.

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## Number placement

Photofinish will be used at this event.  
Please wear your numbers as shown.

Shoulder numbers (if issued) to be on the left or right as advised.

If you use a Gamex or cape it is advised that you fit the numbers on the outside. If we can't read your numbers you may not be placed.

